



# State New Zealand Open Championships

25-30 March 2012  
Auckland

7 February 2012

**This meet will be swum under SNZ Regulations with the specific conditions & criteria:**

- Age as at 25<sup>th</sup> March 2011 2012.
- The qualifying period is from 1<sup>st</sup> January 2011 to 11<sup>th</sup> March 2012.
- Relays will be swum as open timed finals with all timed-finals being swum in the finals session.
- Individual entry times may be verified against the SNZ Results Database. Performances from regional and local competitions not held within the Results Database may not be eligible for entry to national competitions.
- The qualifying times shown are 50 meter times. Qualifying times swum in pools other than 50m must be converted using the SNZ Conversions.
- All swimmers shall only enter qualified events.
- All entries must include swimmer details and times. The swimmers declared entry time shall be the fastest official time swum in the qualifying period. All relay entries must include swimmers' names whose times were used to produce the entry time. Only swimmers who have met the required individual qualifying standard may be entered in relay events.
- For 50m, 100m, 200m, 400m, 800m and 1500m events, there will be A and B Finals. B Finals will be swum when there are 20 or more swimmers that competed in the heats. The Open Championship placings will be determined from the A final.
- A maximum of two (2) international visitors may progress from heats to finals in any one event. There is no limit on international visitor entries for timed-finals but only two (2) international visitors may swim in the fastest timed-final.
- All participants must agree to comply with the Sports Anti-Doping Rules.

## ENTRIES

**REGIONAL ASSOCIATIONS** must submit entries for SNZ members. No club entries are permitted. **CLUBS** entries and fees are to be submitted to their **REGIONAL ASSOCIATION**.

**CLUBS** need to check with their **REGIONAL ASSOCIATION** for their entry closing dates.

Entries close for **REGIONAL ASSOCIATIONS** with Swimming New Zealand **12 MIDNIGHT on THURSDAY 15<sup>th</sup> MARCH 2012**. Late entries will not be accepted.

**NO REFUNDS** for any withdrawals (including medical) will be given once entries have closed.

Entries to be submitted by **REGIONAL ASSOCIATIONS** as a cfile or hyv file. Entries to be emailed to [events@swimmingnz.org.nz](mailto:events@swimmingnz.org.nz) and should include

- Entries by swimmer with proof of time
- Entry fee summary
- Relay names report
- Regional Coaches and Managers Form

Entry fees are \$15.00 individual events and \$30.00 relay events. Entry fees from **REGIONAL ASSOCIATIONS** to be sent to Swimming New Zealand, P.O. Box 38346, Wellington 5045. **SNZ will produce an invoice for the entry fee due and send to each individual region.**

## PSYCH SHEETS

**PSYCH SHEETS** will be posted on the Swimming New Zealand website on **FRIDAY 16<sup>th</sup> MARCH 2012**.

Corrections and changes to psych sheets are to be sent to [events@swimmingnz.org.nz](mailto:events@swimmingnz.org.nz) by **12 MIDNIGHT MONDAY 19<sup>th</sup> MARCH 2012**.

**FINAL PSYCH SHEETS** will be posted on the Swimming New Zealand website on **TUESDAY 20<sup>th</sup> March 2012**.

7 February 2012

## 50m Qualifying Times

| Male                     |             | Female   |
|--------------------------|-------------|----------|
| <b>FREESTYLE</b>         |             |          |
| 25.48                    | <b>50</b>   | 28.71    |
| 55.50                    | <b>100</b>  | 1:01.80  |
| 2:00.00                  | <b>200</b>  | 2:13.00  |
| 4:19.00                  | <b>400</b>  | 4:40.00  |
| 9:04.65                  | <b>800</b>  | 9:40.00  |
| 17:20.00                 | <b>1500</b> | 18:34.40 |
| <b>BACKSTROKE</b>        |             |          |
| 29.00                    | <b>50</b>   | 32.90    |
| 1:02.83                  | <b>100</b>  | 1:10.00  |
| 2:16.71                  | <b>200</b>  | 2:30.55  |
| <b>BREASTSTROKE</b>      |             |          |
| 32.51                    | <b>50</b>   | 36.36    |
| 1:10.68                  | <b>100</b>  | 1:18.71  |
| 2:32.75                  | <b>200</b>  | 2:49.28  |
| <b>BUTTERFLY</b>         |             |          |
| 27.66                    | <b>50</b>   | 30.66    |
| 1:00.51                  | <b>100</b>  | 1:07.84  |
| 2:14.95                  | <b>200</b>  | 2:29.00  |
| <b>INDIVIDUAL MEDLEY</b> |             |          |
| 2:16.50                  | <b>200</b>  | 2:33.00  |
| 4:55.00                  | <b>400</b>  | 5:23.75  |

7 February 2012

## AWD Qualifying Times

### Male

| CLASS      | 50FR  | 100FR   | 200FR   | 400FR   | 50BK    | 100BK   | 50FLY | 100FLY  | CLASS       | 50BR    | 100BR   | CLASS       | 150IM   | 200IM   |
|------------|-------|---------|---------|---------|---------|---------|-------|---------|-------------|---------|---------|-------------|---------|---------|
| <b>S13</b> | 29.11 | 1:04.15 | -       | 5:12.52 | -       | 1:15.17 | -     | 1:11.85 | <b>SB13</b> | -       | 1:21.69 | <b>SM13</b> | -       | 2:42.59 |
| <b>S12</b> | 29.58 | 1:04.40 | -       | 5:07.62 | -       | 1:13.60 | -     | 1:11.73 | <b>SB12</b> | -       | 1:22.79 | <b>SM12</b> | -       | 2:38.93 |
| <b>S11</b> | 31.74 | 1:11.72 | -       | 5:35.88 | -       | 1:22.29 | -     | 1:17.50 | <b>SB11</b> | -       | 1:28.57 | <b>SM11</b> | -       | 2:59.93 |
| <b>S10</b> | 29.23 | 1:04.28 | -       | 4:58.95 | -       | 1:14.55 | -     | 1:10.41 |             |         |         | <b>SM10</b> | -       | 2:39.55 |
| <b>S9</b>  | 30.35 | 1:07.34 | -       | 5:08.57 | -       | 1:15.39 | -     | 1:11.27 | <b>SB9</b>  | -       | 1:23.18 | <b>SM9</b>  | -       | 2:46.24 |
| <b>S8</b>  | 32.23 | 1:09.96 | -       | 5:24.12 | -       | 1:22.07 | -     | 1:12.95 | <b>SB8</b>  | -       | 1:27.07 | <b>SM8</b>  | -       | 2:57.50 |
| <b>S7</b>  | 34.16 | 1:15.52 | -       | 5:55.06 | -       | 1:28.90 | 38.50 | -       | <b>SB7</b>  | -       | 1:39.60 | <b>SM7</b>  | -       | 3:21.68 |
| <b>S6</b>  | 36.40 | 1:21.37 | -       | 6:19.44 | -       | 1:31.35 | 38.38 | -       | <b>SB6</b>  | -       | 1:46.66 | <b>SM6</b>  | -       | 3:19.72 |
| <b>S5</b>  | 39.79 | 1:28.38 | 3:08.37 | -       | 45.98   | -       | 43.95 | -       | <b>SB5</b>  | -       | 1:52.43 | <b>SM5</b>  | -       | 3:35.29 |
| <b>S4</b>  | 46.16 | 1:41.63 | 3:38.84 | -       | 57.36   | -       | 56.85 | -       | <b>SB4</b>  | -       | 2:00.51 | <b>SM4</b>  | 3:10.78 | -       |
| <b>S3</b>  | 54.24 | 1:59.84 | 4:06.40 | -       | 1:04.63 | -       | -     | -       | <b>SB3</b>  | 1:00.51 | -       | <b>SM3</b>  | 3:47.65 | -       |

### Female

| CLASS      | 50FR    | 100FR   | 200FR   | 400FR   | 50BK    | 100BK   | 50FLY | 100FLY  | CLASS       | 50BR    | 100BR   | CLASS       | 150IM   | 200IM   |
|------------|---------|---------|---------|---------|---------|---------|-------|---------|-------------|---------|---------|-------------|---------|---------|
| <b>S13</b> | 33.06   | 1:11.46 | -       | 5:29.01 | -       | 1:24.17 | -     | 1:19.35 | <b>SB13</b> | -       | 1:39.25 | <b>SM13</b> | -       | 2:57.00 |
| <b>S12</b> | 33.60   | 1:13.49 | -       | 5:54.73 | -       | 1:27.49 | -     | 1:21.64 | <b>SB12</b> | -       | 1:34.29 | <b>SM12</b> | -       | 3:03.23 |
| <b>S11</b> | 38.17   | 1:24.27 | -       | 6:54.30 | -       | 1:43.86 | -     | -       | <b>SB11</b> | -       | 1:58.56 | <b>SM11</b> | -       | 3:48.31 |
| <b>S10</b> | 34.28   | 1:13.40 | -       | 5:31.31 | -       | 1:27.46 | -     | 1:23.62 |             |         |         | <b>SM10</b> | -       | 3:10.19 |
| <b>S9</b>  | 35.23   | 1:15.75 | -       | 5:37.43 | -       | 1:24.51 | -     | 1:24.16 | <b>SB9</b>  | -       | 1:40.67 | <b>SM9</b>  | -       | 3:10.07 |
| <b>S8</b>  | 38.11   | 1:21.29 | -       | 5:52.38 | -       | 1:34.80 | -     | 1:29.30 | <b>SB8</b>  | -       | 1:41.00 | <b>SM8</b>  | -       | 3:25.29 |
| <b>S7</b>  | 40.22   | 1:25.47 | -       | 6:27.88 | -       | 1:42.32 | 45.63 | -       | <b>SB7</b>  | -       | 1:53.24 | <b>SM7</b>  | -       | 3:42.85 |
| <b>S6</b>  | 44.12   | 1:34.09 | -       | 6:53.44 | -       | 1:47.34 | 48.36 | -       | <b>SB6</b>  | -       | 2:01.98 | <b>SM6</b>  | -       | 3:51.44 |
| <b>S5</b>  | 43.75   | 1:34.97 | 3:24.45 | -       | 53.02   | -       | 58.78 | -       | <b>SB5</b>  | -       | 2:13.19 | <b>SM5</b>  | -       | 4:45.93 |
| <b>S4</b>  | 1:02.61 | 2:16.74 | 4:41.74 | -       | 1:12.73 | -       | -     | -       | <b>SB4</b>  | -       | 2:20.07 | <b>SM4</b>  | 4:07.65 | -       |
| <b>S3</b>  | 1:11.94 | 2:38.41 | 5:41.88 | -       | 1:16.31 | -       | -     | -       | <b>SB3</b>  | 1:18.79 | -       | <b>SM3</b>  | 4:54.50 | -       |

7 February 2012

Warm-up times, Session start times and Order of Events

| Day 1 – Sun 25 <sup>th</sup> March  | Day 2 – Mon 26 <sup>th</sup> March   | Day 3 – Tues 27 <sup>th</sup> March  | Day 4 – Wed 28 <sup>th</sup> March  | Day 5 – Thurs 29 <sup>th</sup> March  | Day 6 – Fri 30 <sup>th</sup> March   |
|---|--|--|---|---|--|
| <b>Session 1 - Heats</b>  | <b>Session 3 - Heats</b>   | <b>Session 5 - Heats</b>   | <b>Session 7 - Heats</b>  | <b>Session 9 - Heats</b>  | <b>Session 11 – Heats</b>  |
| Warm-up 8.00 – 9.45am<br>Start 10am   | Warm-up 8.00 – 9.45am<br>Start 10am  | Warm-up 8.00 – 9.45am<br>Start 10am  | Warm-up 8.00 – 9.45am<br>Start 10am   | Warm-up 8.00 – 9.45am<br>Start 10am   | Warm-up 8.00 – 9.45am<br>Start 10am  |
| 101 AWD 100m Back W<br>102 AWD 400m Free M<br>3 400m IM M<br>4 100m Fly W<br>5 400m Free M<br>6 400m IM W<br>7 100m Breast M<br>8 50m Back W<br>9 50m Fly M<br>110 AWD 50m Breast W<br>111 AWD 50m Breast M | 112 AWD 50m Back W<br>113 AWD 50m Back M<br>14 100m Back W<br>15 200m Free M<br>16 100m Breast W<br>17 100m Back W<br>18 400m Free W<br>19 50m Fly W<br>120 AWD 150m IM W<br>121 AWD 150m IM M | 122 AWD 50m Fly M<br>123 AWD 50m Fly W<br>24 200m Free W<br>25 200m Fly M<br>26 200m IM W<br>27 800m Free (TF) M<br>28 50m Breast W<br>29 50m Breast M<br>130 AWD 200m IM M<br>131 AWD 200m IM W | 133 AWD 50m Free M<br>134 AWD 50m Free W<br>35 100m Free M<br>36 200m Fly W<br>37 200m Breast M<br>38 50m Back M<br>39 800m Free F<br>40 1500m Free M<br>141 AWD 100m Back M<br>142 AWD 400m Free W | 145 AWD 200m Free W<br>146 AWD 100m Fly M<br>47 100m Free W<br>48 200m Back M<br>49 200m Breast W<br>50 200m IM M<br>151 AWD 100m Breast W<br>152 AWD 100m Free M | 154 AWD 200m Free M<br>155 AWD 100m Fly W<br>56 50m Free M<br>57 50m Free W<br>58 100m Fly M<br>59 200m Back W<br>60 1500m Free (TF) W<br>161 AWD 100m Breast M<br>162 AWD 100m Free W |

| Session 2 - Finals  | Session 4 - Finals   | Session 6 – Finals   | Session 8 - Finals   | Session 10 - Finals   | Session 12 – Finals   |
|---|--|--|--|---|---|
| Warm-up 4.30-6.00pm<br>Start 6.30pm   | Warm-up 4.30-6.20pm<br>Start 6.30pm  | Warm-up 4.30-6.20pm<br>Start 6.30pm  | Warm-up 4.30-6.20pm<br>Start 6.30pm  | Warm-up 4.30-6.20pm<br>Start 6.30pm   | Warm-up 4.30-6.20pm<br>Start 6.30pm   |
| 3 400m IM M<br>4 100m Fly W<br>5 400m Free M<br>101 AWD 100m Back W<br>102 AWD 400m Free M<br>6 400m IM W<br>7 100m Breast M<br>8 50m Back W<br>9 50m Fly M<br>110 AWD 50m Breast W<br>111 AWD 50m Breast M | 14 100m Back W<br>15 200m Free M<br>16 100m Breast W<br>112 AWD 50m Back W<br>113 AWD 50m Back M<br>17 100m Back M<br>18 400m Free W<br>19 50m Fly W<br>120 AWD 150m IM W<br>121 AWD 150m IM M | 24 200m Free W<br>25 200m Fly M<br>122 AWD 50m Fly M<br>123 AWD 50m Fly W<br>26 200m IM W<br>28 50m Breast W<br>29 50m Breast M<br>130 AWD 200m IM M<br>131 AWD 200m IM W<br>32 4x200m Free CR M | 35 100m Free M<br>36 200m Fly W<br>37 200m Breast M<br>133 AWD 50m Free M<br>134 AWD 50m Free W<br>38 50m Back M<br>141 AWD 100m Back M<br>142 AWD 400m Free W<br>43 4x100 Free CR M<br>44 4x200 Free CR W | 47 100m Free W<br>48 200m Back M<br>145 AWD 200m Free W<br>146 AWD 100m Fly M<br>49 200m Breast W<br>50 200m IM M<br>39 800m Free W<br>151 AWD 100m Breast W<br>152 AWD 100m Free M<br>53 4x100 Free CR W | 56 50m Free M<br>57 50m Free W<br>58 100m Fly M<br>154 AWD 200m Free M<br>155 AWD 100m Fly W<br>59 200m Back W<br>40 1500m Free M<br>161 AWD 100m Breast M<br>162 AWD 100m Free W<br>63 4x100 Medley CR M<br>64 4x100 Medley CR W |